LIFETIME

INSTRUCTION MANUAL

AMPED™ STAND-UP PADDLEBOARD

SAVE THIS INSTRUCTION IN THE EVENT THE MANUFACTURER NEEDS TO BE CONTACTED.

TOOLS REQUIRED

NO TOOLS REQUIRED

TABLE OF CONTENTS

Registration.....2
Safety Instructions.....2
Features and Equipment.....3
Paddleboard Operation.....4
Warning Sticker.....9
Maintenence.....9
Warranty.....11

QUESTIONS?

CONTACT LIFETIME® CUSTOMER SERVICE:

Dial **1-800-225-3865**

Live Chat: **www.lifetime.com/customerservice**
(click on "LIVE CHAT" tab)

For Customer Service in Mainland Europe and the United Kingdom,
E-mail: csinternational@lifetime.com

PRODUCT ID:

REGISTER YOUR PRODUCT ONLINE AT LIFETIME.COM

At Lifetime®, we are committed to providing innovative and quality products. While registering, you will have the opportunity to give us your feedback. Your input is valuable to us.

- You can also opt in to receive new product notifications or promotions.
- In the unlikely event of a product recall or safety modification, your registration provides the information we need to notify you directly.
- Registration is fast, easy, and completely voluntary.

LIFETIME'S PROMISE TO YOU:

Maintaining your privacy is our long-standing policy at Lifetime®. And you can rest assured that Lifetime® will not sell or provide your personal data to other third parties, or allow them to use your personal data for their own purposes.

We invite you to read our privacy policy at www.lifetime.com

REGISTER today!

****U.S. and Canada customers ONLY****

IF ASSISTANCE IS NEEDED,

DO NOT CONTACT THE STORE!

CALL OUR CUSTOMER SERVICE DEPARTMENT at 1 (800) 225-3865

For customers outside the U.S. or Canada, please contact the store for assistance.

SAFETY INSTRUCTIONS

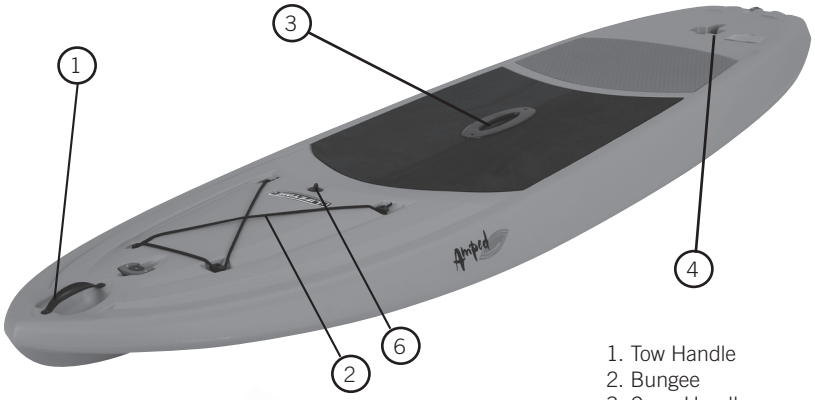
FAILURE TO FOLLOW THESE WARNINGS MAY RESULT IN SERIOUS INJURY OR PROPERTY DAMAGE AND WILL VOID WARRANTY.

To ensure safety, do not attempt to use this product without following the instructions carefully. Check entire product and inside all packing material for parts and/or additional instruction material. Before using this watercraft, read the instructions and identify parts using the identifier in this document. Proper and complete assembly, use, and supervision are essential to reduce the risk of accident or injury. A high probability of serious injury exists if this system is not assembled, maintained, and/or operated properly.

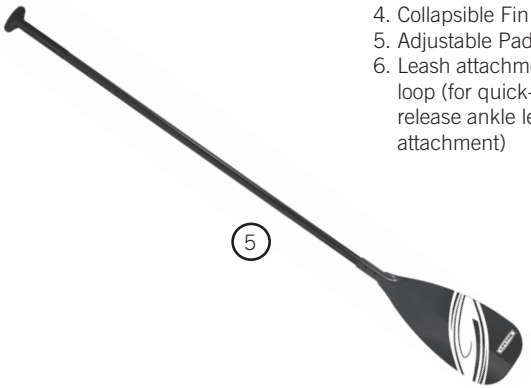
- Follow any and all warnings and cautions carefully.
- Check Fins for tightness before and during the usage season.
- Inspect the Hull for damage prior to each use.
- Always wear a Coast Guard approved personal floatation vest.

Most injuries are caused by misuse and/or not following instructions. Use caution when using this system.

FEATURES & EQUIPMENT



1. Tow Handle
2. Bungee
3. Carry Handle
4. Collapsible Fin
5. Adjustable Paddle*
6. Leash attachment loop (for quick-release ankle leash attachment)



- **EVA Deck Covering for Increased Traction**
- **UV-Protected Durable, High-Density Polyethylene (HDPE) Construction**
- **Design Provides Great Stability and Tracking**

Specifications:

Length: 11' (3,35 m)
Width: 32" (81,3 cm)
Weight: 47 lb. (12,7 kg)
Maximum Weight Capacity: 230 lb. (104 kg)

*Paddleboard and Paddle may vary slightly from those shown.

1 PADDLEBOARD OPERATION

PADDLE ADJUSTMENT

Before you begin, make sure your paddle is 8–10 inches taller than you. Your paddle has 5 adjustable height settings. By pushing the pins and sliding the paddle shaft, you can adjust your paddle to the desired height.

MOUNTING THE PADDLEBOARD

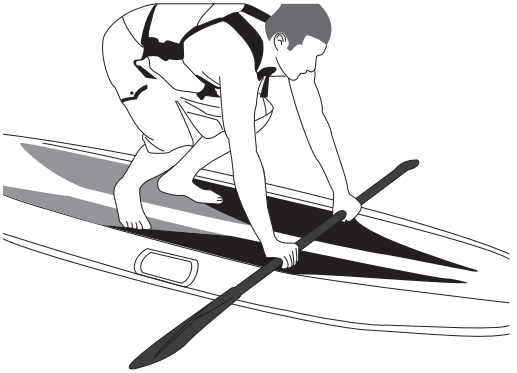
To mount your paddleboard, start in at least knee-deep water. Stand alongside the board and place your paddle across the deck of the paddleboard.

Hold the board by the rails and push yourself up into a kneeling position.

MOUNTING THE PADDLEBOARD (Continued)

Make sure you are kneeling just behind the center point of the board. The nose should not pop out of the water and the tail should not dig in.

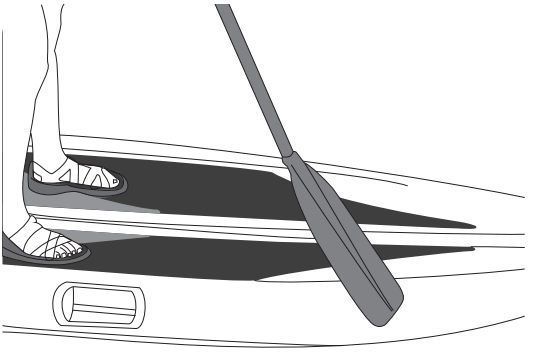
Keep your hands on either side of the board until you feel stable enough to slowly stand up. Place your feet where your knees were and stand up one foot at a time.



PROPER STANCE

Your feet should be parallel, centered between the rails and about hip-width distance apart. Keep your toes pointed forward with your back straight and knees slightly bent. Your head and shoulders should be steady and upright. Try to keep your eye level with the horizon, and avoid staring at your feet. You should have one hand on the top grip and the other lower on the paddle shaft.

While you paddle, the angle of the blade should point toward the front of the board.



PADDLING BASICS

Push down on the top paddle grip and twist from your torso as you paddle. Push the paddle blade completely under the surface, pull it back to your ankle, then lift it out of the water. If you are a beginner, keep your strokes fairly short and close to the side of the board.

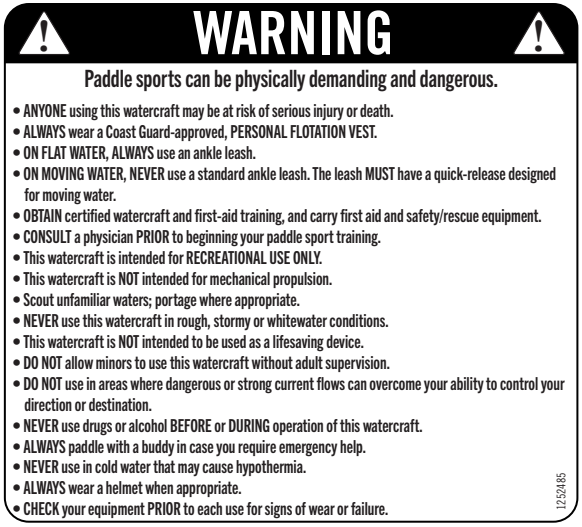
To go in a straight line, paddle about 4 or 5 strokes on one side, then switch to the other. When you switch sides, you'll need to reverse hand positions.

PADDLING BASICS (Continued)

If you wish to turn your board, simply paddle on one side until the nose turns in the direction you want to go. Another fast way to turn or change direction is to simply drag the paddle on one side or paddle backwards.

WARNING STICKER

Contact customer service at 1-800-225-3865 if you need to order a replacement sticker.



MAINTENANCE

Congratulations on your Lifetime® Products purchase. By following the instructions below, your new Lifetime watercraft should provide you with years of service and enjoyment.

Cleaning and Care

Lifetime® watercraft are stain- and solvent-resistant. Most stains can be removed, using a mild soap and a soft-bristled brush. Abrasive cleaning materials may scratch the plastic and are not recommended. Avoid placing a direct heat source on or near surfaces unless using a heat barrier.

Helpful Tips For Your Watercraft

- Always store your watercraft out of direct sunlight when not in use. Your watercraft is manufactured with UV-resistant color, but a watercraft stored in direct sunlight will begin to color fade over long periods of time.
- Your new watercraft is molded of high-density polyethylene resin. Cleaning with mild soap and water is recommended periodically to keep your watercraft looking new.
- Never drag any portion of the watercraft over asphalt or any rocky, sandy or abrasive surfaces.
- Do not stand or sit on your watercraft when out of the water. This can cause damage to the hull.
- During regular use, it is normal to find small amounts of water inside the watercraft. Carefully remove the black drain plug on the side and tilt the watercraft to let the water drain out. Secure the drain plug when finished.
- If your watercraft has been exposed to hot sunlight, it is recommended to splash water on the hull to cool the hot surface before it comes in direct contact with your skin.

NOTES

5-YEAR LIMITED LIABILITY WARRANTY

THE MANUFACTURER RESERVES THE RIGHT TO MAKE SUBSTITUTIONS TO WARRANTY CLAIMS IF PARTS ARE UNAVAILABLE OR OBSOLETE.

Your new watercraft is warranted against defects in materials and workmanship for a period of five years (60 months) from the original purchase date. Lifetime Products, Inc. will repair or replace any watercraft hull that should fail due to poor quality in materials or workmanship. A warranted watercraft hull that is deemed to have failed due to misuse or abuse will not be covered by the warranty. This warranty does not cover normal wear by use, or abuse, alterations, unauthorized repairs, or use of the watercraft in a manner other than intended by the manufacturer. Retain this warranty and Manufacturer's Certificate of Origin document with your original purchase receipt. Copies of these documents must be sent with any valid warranty claim. Please keep these documents in a safe, secure place. All warranty claims must first be submitted in writing to

Lifetime Products, Inc.
PO Box 160010
Clearfield, UT
84016-0010

for determination of service or replacement of any defective watercraft hull. This warranty is in lieu of all other warranties expressed or implied, including warranties of merchantability or fitness for use. Neither Lifetime Products, Inc. nor any representative assumes any other liability in connection with this product. This warranty gives you specific legal rights, and you may also have other rights which vary from State to State.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and for compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

Hull manufactured in the U.S.A.

with domestic and imported materials

PLEASE INCLUDE YOUR DATED SALES RECEIPT AND PHOTOGRAPHS OF DAMAGED PARTS.
REPORT PRODUCT DEFECTS IN WRITING TO:
Lifetime Products, Inc., PO Box 160010 Clearfield, UT 84016-0010
or dial 1-800-225-3865

REGISTER YOUR PRODUCT WITHIN 30 DAYS OF PURCHASE FOR QUICKER CUSTOMER SERVICE.
Visit www.lifetime.com or dial 1-800-225-3865 to register your product today.

FOR INTERNATIONAL WARRANTY CLAIMS:
All warranty claims must be accompanied by a sales receipt. Report all warranty claims in writing to your regional sales support representative. Please include your dated sales receipt and photographs of damaged parts.
To identify the representative for your region, please visit: **www.lifetime.com/international**

LIFETIME®

www.lifetime.com

ENHANCE YOUR LIFETIME® PADDLEBOARD BY ADDING ACCESSORIES OR OTHER GREAT PRODUCTS

To purchase accessories or other Lifetime products, visit us at:

www.lifetime.com

Or call: 1-800-424-3865

www.lifetime.com